

AOD Prevention Professionals:

- **Fetal Alcohol Spectrum Disorders**

www.notasingledrop.org

FASD is an umbrella term describing the range of effects that can occur in an individual whose mother drank alcohol during pregnancy. These effects may include physical, mental, behavioral, and/or learning disabilities with possible lifelong implications. The term FASD is not intended for use as a clinical diagnosis. It refers to conditions such as fetal alcohol syndrome (FAS), fetal alcohol effects (FAE), alcohol-related neurodevelopmental disorder (ARND), and alcohol-related birth defects (ARBD). FASD is 100% preventable. To learn more about FASD, and about Ohio's FASD Initiative, visit www.notasingledrop.org.

- **Leadership to Keep Children Alcohol Free**

http://www.alcoholfreechildren.org/en/audiences/pre_pract.cfm

The Leadership to Keep Children Alcohol Free offers a compilation of prevention resources to assist prevention practitioners to reduce underage drinking.

Research continues to confirm that delaying the initiation of drinking by youth contributes to reductions in future alcohol problems, including alcohol dependence; binge drinking; and alcohol-associated traffic crashes, injuries, fatalities, and violence.

It is only through research that we will determine the best prevention methods to restrict underage social and retail alcohol accessibility by youth at the local level, and the most effective combination of local, State, and national policies; sales and serving enforcement strategies; school-based education; family and community training and involvement; and media advocacy to accomplish these goals.